



## Our Mission:

*To ensure that each person  
be **empowered** to find the  
**healing** they deserve.*



## CONTACT US

E H Counseling LLC

121 Rea Avenue 2nd fl  
Hawthorne, NJ 07506  
201-523-4048

e-mail: [info@ehcounseling.org](mailto:info@ehcounseling.org)  
website: [www.ehcounseling.org](http://www.ehcounseling.org)



Counseling for  
individuals, children,  
teens, families, and  
couples

In-Home Services (IIC &  
BA)

Immigration  
Psychological Evaluations

## ABOUT US



E H Counseling LLC is a community based mental health practice that focuses on providing exemplary services to youth, adults, and families. Our goal is to empower each individual by utilizing a strength-based approach when providing effective tools to help them feel more in control of their current situation.

We are dedicated professionals committed to providing each family with a tailored approach. Our staff consists of culturally competent bilingual LCSWs, LPCs, LSWs, LACs, and behavioral assistants. We have staff that speak English, Spanish, Russian, Portuguese, Korean, Yiddish, and Hebrew.

## WHAT WE DO

E H Counseling LLC is committed to providing high quality therapeutic services. We:

- Work with children and adults providing outpatient and in-home services.
- Utilize natural supports to strengthen the family unit.
- Construct a tailored approach to meet each individual families needs.
- Collaborate with partnering agencies and individuals such as psychiatrists, schools, care managers, DCP, ect.

***Servicing Bergen, Passaic, Union, Middlesex, Morris, Sussex, Monmouth, and Ocean counties***

**[www.ehcounseling.org](http://www.ehcounseling.org)**

## OUR SERVICES

- Individual counseling for adults, children, and teens
- Family Counseling
- Couples Therapy
- Intensive In Community (IIC)
- Nurtured Hearts Approach
- Nurtured Parent Program
- Behavioral Assistance (BA)
- Biopsychosocial Assessments
- Immigration Psychological Evaluations
- Clinical Supervision

### EXPERTISE:

- Anxiety
- Depression
- Trauma
- Play therapy
- Substance Use
- DBT
- Developmental disabilities
- Christian Counseling
- Family Conflict
- Social skills
- School Refusal
- Anger Management
- ADHD