



## SERVICES INCLUDE

Individual Support  
Intensive in Community  
One-to-One Aide  
Mentoring  
Tutoring

## SERVING NEW JERSEY AREAS

Essex  
Union  
Middlesex  
Passaic  
Morris  
Hudson  
Bergen

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**ISS /IIC/BA**



## Who we are?

We are an ISS (Individual Support Services) /IIC (Intensive In Community) provider of mental health services to children ages 5-20 and families with mental health issues. By mental health, we are referring to behavioral: Attention Deficit Disorder (ADD), Attention-Deficit/Hyperactivity Disorder (ADHD), Autism, Obsessive Compulsive Disorder (OCD), Obsessive–Compulsive Personality Disorder (OCDD), and Pervasive Developmental Disorders (PDD) to name a few.

## Our Mission

New Care Associates' mission is to serve families of the mentally disabled youth by utilizing systems to help keep the youth safely and actively involved within their community. We accomplish this by teaching them sustainable self-sufficiency techniques along with mentoring to improve self-esteem and social development.

## Services

### ISS (Individual Support Services)

ISS is geared toward teaching the youth and family necessary skills as well as educate them to successfully implement important life skills. The service addresses adaptive behaviors and skill development for Activities of Daily Living, also called ADLs.

There are 2 types of ADL's: Basic and Instrumental

#### Basic ADL's:

- » Eating
- » Toileting
- » Dressing
- » Personal Hygiene

Appropriate for ages 5-20

#### Instrumental ADL's:

- » Housework
- » Taking medication as prescribed
- » Money management
- » Shopping for grocery and clothes
- » Using the Phone
- » Public transportation

Appropriate for ages 16-20

**Service Time Frame:** Duration of services lasts from 2 to 12 months, and up to 10 hours per week depending on the severity of the case as the needs of the family.

**ISS Eligibility:** In order for services to be implemented, ISS requires that the youth be eligible through the Department of Developmental Disabilities (DDD) and enrolled in the Care Management Organization (CMO) and Mobile Response & Stabilization Services (MRSS) .

### IIC (Intensive In-Community) Services

IIC is an analytical, focuses, goal-oriented, and needs-based clinical intervention that addresses emotional and behavioral challenges of youth with moderate to high needs. These services can be provided in the youth's home, or in amenable community location by a Master's/Licensed Behavior Health Clinician, and is intended to stabilize and support the youth and family. The IIC Clinician also works with a Behavioral Assistant to create the appropriate plan to reduce behavioral challenges.

**IIC Eligibility:** Youth and family are eligible for IIC services if they are receiving Care Management, MRSS, and as part of transitional planning process from Out-Of-Home (OOH) treatment back to community through the NJ Children's System of Care.



### One-to-One Aide

Our aides are trained individuals with First Aid skills who provide direct care to the youth, working on individual programs under the direction of a Head Coordinator or teacher. This service is usually offered to families during the summertime and allows the child to have individualized care when Participating in any summer Program .

