

## What We Do



- ❖ Comprehensive Assessment Services
- ❖ Community Development and Prevention Programs
- ❖ Information, Linkage, and Referral to Appropriate Services
- ❖ Anxiety and Stress Management
- ❖ Self-love/Mental Wellness Coaching Class
- ❖ Spiritual/Life Coaching
- ❖ Peer to Peer Support
- ❖ Workshop/Space Rental



## Powered by Change Agents

Orchestrated to impact, influence and revolutionize those we encounter by **"Hope, Encouragement, Love & Prayer"** to promote emotional, physical, social and mental wellness ...

### Contact Information

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**Serving Bergen and Passaic County**

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**MAKE A DONATION**

[www.theamazinghelp.org/donate](http://www.theamazinghelp.org/donate)

The Amazing Help invites you to donate and help us

**#change frustration into fruition...**

Your tax-deductible donations will enable us to continue to provide mental wellness training, resources, preventative workshops, mentorship, advocacy, improve services and support for children and adults with mental health illness.



*The Amazing Help*



**Mental Wellness  
Resource and Support Center**

## About Us

The Amazing Help (TAH) envisions a world in which the most vulnerable person will have the power to overcome mental illnesses, poverty, and other life challenges and thus create a more purposeful life for themselves and others around them.

The Amazing Help (TAH) mission is to help children and families change their frustration to fruition by teaching them to understand, protect and sustain their mental wellness.

Our core value is built on **HELP** (**hope, encouragement, love & prayer**) and we strive to create a haven for those in need, to come together for mutual support, education, transformation, sharing, information, and referral resources.

TAH was incorporated as a faith-based 501©3, not for profit corporation in the state of New Jersey.



## How Can We Help?



Our commitment is to offer wholistic assistance, guidance, support, group sessions, case management services, and community resources to children and families who may be struggling with behavioral, emotional, and development issues.



We serve as advocates for children and families and work closely with early intervention specialists, family therapist, LCADC/CADC, LMSW/LCSW, psychologist, psychiatrist, nurse practitioner, spiritual/life coach, parenting consultants, wellness educators, behavioral assistants, mentors, pastors, and other family support organizations.

## “Changing Frustration to Fruition”

Individual & Family Assistance,  
Guidance/Support

Classroom and Behavior Management

Community Support/Respite  
for Special Needs Children

Youth Book Club

Conflict Resolution and Bullying  
Prevention

Domestic Violence + Substance use  
Support Group

