

# BRING HOPE

## Our Mission Statement

To support and broaden the options available to those in life considered our most vulnerable populations within the communities we serve. We will offer a new and restore hope to individuals, families and communities through an array of education, supports, and services that promote wellbeing, self-sustainability, resiliency and the preservation of family with respect for religion, culture, age, race, gender, disability and sexuality.

Our Goal Is

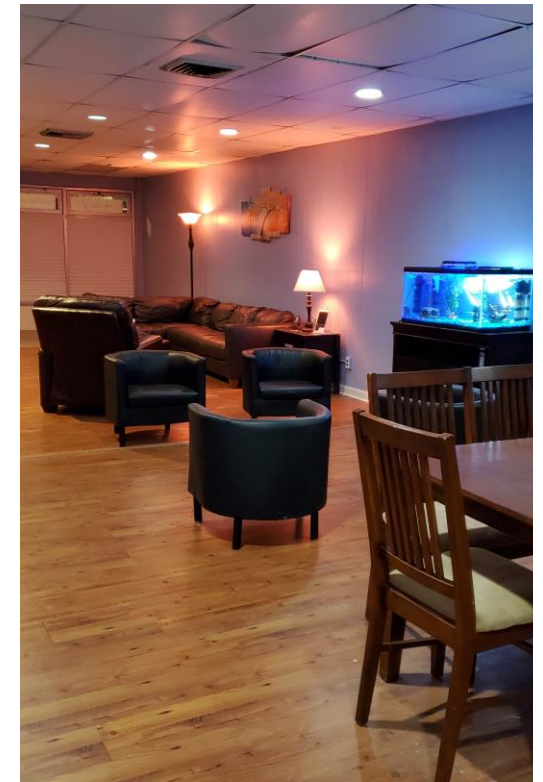
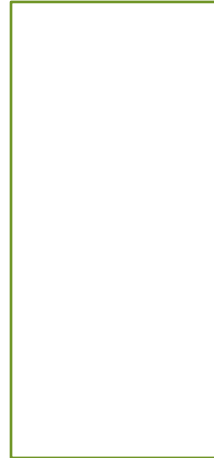


*Your Wellness Restoration Through Hope*

Bring Hope  
123 Wanaque Avenue  
Pompton Lakes, New Jersey 07442



Donations are Appreciated



# BRING HOPE

## Wellness Restoration

*Individual - Family - Social Supports*

*Assessments  
Education  
Counseling  
Groups  
Case Management*

Whether you are working through a life problem or a life time of problems, we are here to help. Counseling In the comfort of our office, your home, live in person or virtually. We are setting a new standard for care because we Bring Hope and center our services around your goals.



*It really is about you and what you need*

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## Supports and Services

### Individuals Therapy

Individual one-on-one counseling for mental health and or Substance abuse. Sessions and treatment planning is Client centered and driven through professional counselors who are here for you throughout the wellness restoration process.

### Family and Couples Counseling

Bringing families together and strengthening them is what we do. Though a warm and professional approach, we focus on what you need individually and as a couple or family.

### Case Management

Because sometimes a conversation is not enough, Bring Hope also provides assistance in accessing resources and services to strengthen and further support the recovery process.

### Intensive Outpatient (IOP) Wellness Restoration Group

Inpatient Substance Abuse treatment can be emotionally, socially, and professionally disruptive. Our IOP Wellness Restoration group goes above and beyond the traditional IOP program. We offer a 16 week, three nights or days 180-minute wellness and restoration supports that is tailored to your individuals needs. Working with a professional and warm mannered counselor weekly, you will have a partner who will guide you through the journey to wellness restoration

### Education and Support Groups

We offer an array of educational and support groups that meet the needs of those who walk through our doors. Our groups are 90-minutes and range from once to twice weekly depending on the need. Groups are run by professionally licensed or certified staff and focus the restoration or building a new strengths and skills that foster a happier way of living life. Our Group offerings are:

- Women's Support
- Men's Support
- Older Adult Wellness (65 and over)
- Caregiver Support
- Trauma Support
- Anger Management Skills
- Outpatient Substance SUD

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*We Bring Hope*

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*Contact us for more information about our services and how we can be a support for your wellness restoration*

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**123 Wanaque Avenue  
Pompton Lakes, New Jersey 07442**

**Info@BringHope.NGO**  
**(973) 858-8163**

**We accept most forms of payment and major Insurance as in Network including Medicare.**

