



BEHAVIORAL HEALTH SERVICES

Solutions Today. Stronger Tomorrow.



Empowering youth.
Supporting families.
Building **brighter futures.**



Let's Solve It LLC is a community-based behavioral health agency dedicated to helping children, adolescents, young adults, and families overcome challenges and achieve lasting success. We provide compassionate, evidence-based, and culturally responsive care tailored to each individual's unique strengths and needs.



WE SERVE YOUTH WITH:

Anxiety • Depression • ADHD • Trauma
Behavioral Challenges • And High-Functioning
Developmental Disabilities (DD)

OUR THERAPEUTIC APPROACHES INCLUDE:



Evidence-Based Therapies

CBT, TF-CBT,
DBT-Informed
Interventions



Equine Therapy

Building trust,
confidence &
emotional
connections



Physical Fitness

Promoting health,
strength &
positive habits



Yoga & Mindfulness

Improving
self-regulation,
focus & well-being



Art Therapy

Encouraging
expression,
creativity &
healing



Music Therapy

Using music to
enhance mood,
communication &
self-expression



OUR SERVICES

- ✓ Intensive In-Community (IIC) Services
- ✓ Behavioral Assistance (BA)
- ✓ Individual, Family & Group Therapy
- ✓ Case Management & Care Coordination
- ✓ Psychoeducation & Life Skills Training
- ✓ Support for High-Functioning
Developmental Disabilities (DD)
- ✓ Crisis Support & Stabilization
- ✓ School & Community Collaboration



CULTURALLY RESPONSIVE & MULTILINGUAL

We proudly offer services in:
English, Spanish, Polish & Portuguese



OUR COMMITMENT

We believe every individual deserves
to be heard, valued, and supported.
We work hand-in-hand with families,
schools, and community partners to
foster resilience, independence,
and long-term success.



Let's solve it together.



(551) 328-8505



info@letsolveitllc.com



Serving Families Throughout New Jersey



BECAUSE EVERY CHILD.
EVERY FAMILY.
EVERY STORY MATTERS.

*We're here to help
you move forward.*