



Social Skills Group

The focus of this 8 week program is to enhance social and emotional functioning by developing and practicing social skills, communication skills, problem-solving skills, and anger management. Through discussion, role play, group activities and worksheets, these weekly sessions will support youth in building and strengthening self-esteem.

Two age-appropriate groups offered simultaneously.

Email **Rachel Weil** to sign up or learn more!
Rachelf@CarePlusNJ.org

In-Person Groups in Fair Lawn
17-07 Romaine Street, Fair Lawn, NJ 07410

www.CarePlusNJ.org

