ALIADO
COMMUNITY HEALTH

Partnering With Families to Build Resilience and Hope

Accessible, In-Home Mental Health Services for Children, Adolescents, and Families

We are dedicated to providing high-quality, evidence-based mental health services designed to support youth and their families in navigating complex life challenges. We bring care directly into the person's home and community, making services accessible, personalized, and effective.

Who We Serve

We proudly serve children, adolescents, and their families across Bergen, Essex, Hudson, Middlesex, Morris, Passaic, and Sussex Counties.

- CHILDREN
- ADOLESCENTS
- FAMILIES

Our Services

All services are delivered by licensed clinicians in the State of New Jersey who are committed to ethical, culturally responsive care. All services are delivered by licensed clinicians in the State of New Jersey who are committed to ethical, culturally responsive care.

We offer a comprehensive range of therapeutic and supportive services:

- Biopsychosocial Evaluations
- Intensive In-Community (IIC) Counseling
- Parenting Coach and Parenting Mentoring
- Behavioral Assistance
- Youth Mentoring Services

Our Approach

Our goal is to help youth and families develop the skills needed to better adjust to life, find internal peace, and lasting hope in their lives.

At Aliado Community Health, we use evidence-based practices and practical strategies that families can integrate into everyday life. Our work is grounded in the Wraparound approach, meaning:

- WE WELCOME FAMILY'S VOICE AND CHOICE IN TREATMENT GOALS
- WE COLLABORATE WITH CHILD SYSTEM OF CARE (CSOC) PARTNERS
- WE BUILD ON YOUR FAMILY'S STRENGTHS AND NEEDS
- WE FOCUS ON LONG-TERM SUCCESS AND INDEPENDENCE

Areas of Support for the families

- Traumatic experiences
- Complex Trauma
- Anxiety and Depression
- Adjustment Challenges
- School-Related Issues
- Behavioral Concerns (including overactivity and defiance)
- Identity and Self-Esteem Issues
- Family and System Involvement
- We have extensive experience supporting families involved in multiple systems of care.

Care Manager Support

- Fast response to an inquiry or referral.
- The office is available until 8:00 pm Mon-Fri and Saturday 9:00 am to 6:00 pm
- Appropriate match of provider, family, and expertise.
- Experienced agency in the Children System of Care
- We understand the importance of communicating. collaborating and functioning as a team with CSOC partners.
- We are an experienced agency using Cyber System and facilitating documentation
- We understand and practice within the Wraparound Principles.

Bilingual Services Available
Servicios disponibles en español.

Contact us

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