

Are you feeling stressed, anxious, sad, or overwhelmed because of the pandemic? You're not alone.

1. Sign Up



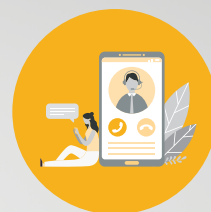
Scan the QR code to fill out the electronic form. You'll need to upload a proof of Paterson residency (NJ Driver License, NJ Non-Driver ID, or utility bill).

2. Approval



If eligible, in 2 business days you'll get an email for your first appointment. If not eligible, you'll receive an email with alternative local resources.

3. Your Appointment



Begin your free, 8-week therapy program with AbleTo. Your appointment is private and won't be shared.



**If you have any
questions call:
Maritza Minaya:
973-356-5681
or**

**Melissa Inoa : 201-
693-5161**



NEW DESTINY
FAMILY SUCCESS CENTERS, INC.

Free virtual therapy
for eligible Paterson residents

When does it start?

December 1, 2022 through
June 30, 2023.

The Health Coalition of Passaic County has teamed up with St. Joseph's Health to provide **free** mental well-being services for Paterson residents.



Se siente estresado, ansioso o deprimido debido a la pandemia? Usted no esta solo.

1.Registrese



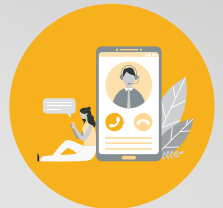
Complete el formulario a continuacion y envíelo electronicamente. Debera subir su identificacion con direccion de Paterson.

2. Aprobacion



Si es elegible, en un plazo de 2 dias habiles, recibira un correo electronico de Able To con confirmacion. Si no es elegible, recibira un correo electronico con una explicacion y algunas opciones para recursos alternativos.

3. Su Cita



Comience su programa de terapia gratuito y confidencial de 8 semanas con Well-Being for me y Able To.



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pregunta llamen a :
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NEW DESTINY
FAMILY SUCCESS CENTERS, INC.

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December 1, 2022 through
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Terapia Virtual **Gratis**

Para residentes de Paterson solamente de 18 años y mas

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